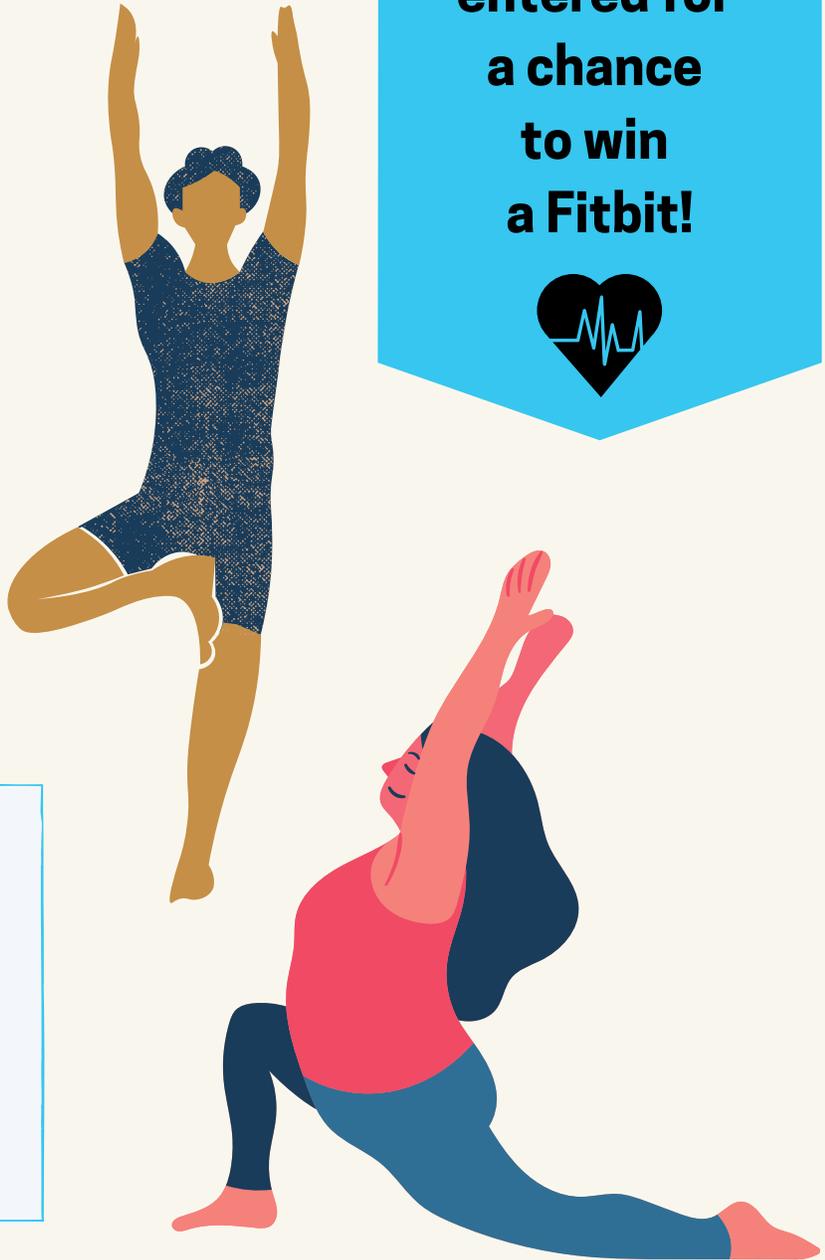
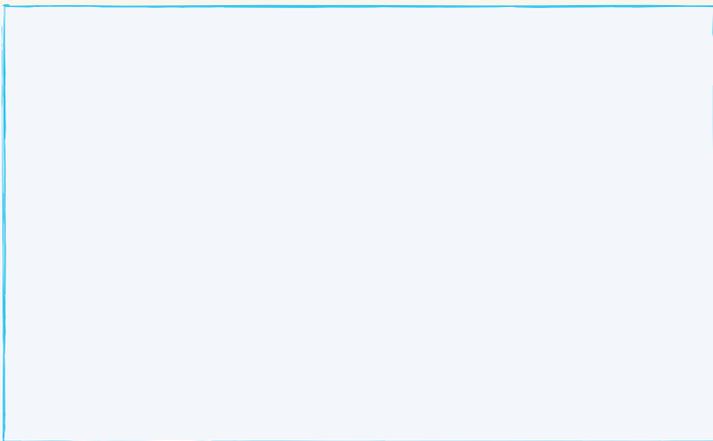


FITNESS AND FUN!

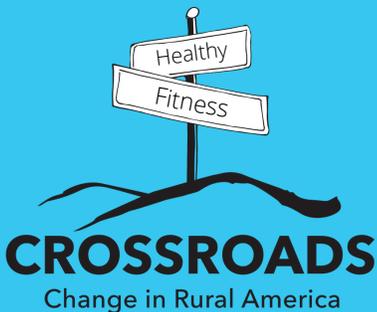
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Join us at Crossroads Family Fitness, a free yoga class to promote strength, alignment, flexibility, and relaxation. All ages and abilities welcome!



Giveaway!

Participants will be entered for a chance to win a Fitbit!



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